What is Claimed is:

1. An insertion kit for inserting an electrochemical sensor into a patient, the insertion kit comprising:

an inserter comprising a portion having a sharp, rigid, planer structure adapted to support the sensor during insertion of the electrochemical sensor; and

an insertion gun having a port configured to accept the electrochemical sensor and the inserter, a driving mechanism for driving the inserter and the electrochemical sensor into the patient, and a retraction mechanism for removing the inserter from the patient while leaving the sensor within the patient.

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- 2. The insertion kit of claim 1, wherein the insertion gun further comprises a cocking mechanism to maintain the inserter and electrochemical sensor in a cocked position prior to insertion into the patient, and a release mechanism to release the inserter and electrochemical sensor from the cocked position and permit the driving mechanism to drive the inserter and electrochemical sensor into the patient.
- 3. The insertion kit of claim 1, further comprising an electrochemical sensor for insertion into the patient using the inserter and insertion gun.
- 20 4. The insertion kit of claim 3 wherein the electrochemical sensor includes a barb to facilitate retention of the sensor within the patient.
 - 5. The insertion kit of claim 3 wherein the electrochemical sensor is flexible.
- 25 6. The insertion kit of claim 1, wherein the insertion gun and inserter are configured to insert the electrochemical sensor into the patient at a depth of between about 2 to 12 mm.
 - 7. The insertion kit of claim 1, wherein the insertion gun and inserter are configured to insert the electrochemical sensor into the patient at an angle between about 15° to 60° relative to a surface of the patient.
 - 8. The insertion kit of claim 1, wherein the inserter has a cross-sectional width of 1 mm or less.

- 9. The insertion kit of claim 1, wherein the inserter has a cross-sectional height of 1 mm or less.
- 5 10. The insertion kit of claim 1, wherein the inserter gun is configured to mate with a mounting base of a sensor control unit.